

"AND HE TOOK THE CHILDREN IN HIS ARMS,
PLACED HIS HANDS ON THEM AND BLESSED THEM."
- MARK 10:16

## fruition

Speaking life-giving blessings from scripture into the lives of your children on a regular basis.

BLESSING /blesing/

The actions or words of someone who blesses. Blessings are words undergirded by the highest level of favor. A blessing is a sentiment of encouragement, empowerment, commendation & protection.



## cultivation

- Develop the practice of speaking scripture over your child, utilizing routine moments like morning & bedtime, brushing teeth or while buckling up in the car. (scripture ideas at www.growfamily.com/resources)
- Create a keepsake tag for your diaper bag with a blessing written on it, to be read at each diaper change; then, save it for your Growfamily Journal.
- Say "God bless you" (rather than simply "bless you") after a sneeze!
- State blessings out loud as you stack blocks together.
- Record your favorite family blessings in your Growfamily Journal.