OPTION ONE

You’ll need:
- Marbles or small rocks
  (enough so they overflow the bowl)
- Small bowl

KNOW:
Place a bag of marbles or small rocks next to a bowl at the center of a table or counter. Have your family surround the bowl.

SAY:
God gives us so many blessings! Let’s think about all we have been given. I’ll start by taking a marble and naming one thing God has given me. Then I’ll put the marble in the bowl. After my turn, the person next to me will do the same, and each family member will take a turn as we go around the table. We will keep going until we can’t think of anything more (or we run out of marbles)!

KNOW:
Really get your family thinking by starting with things you may overlook day-to-day. Think about everything such as pillows to rest on, books to learn from, trees that give us oxygen... Continue until the bowl overflows.

SAY:
This overflowing bowl reminds us how generous God is to us. He gives us much more than we deserve and much more than we realize! When we remember and see how much God blesses us, we can respond to God’s goodness by passing on blessings to others. That’s sharing the love of Jesus.

KNOW:
Continue the conversation by choosing a way your family wants to give together on a regular basis.
OPTION TWO

You’ll need:
- A bag of food (such as a bag of chocolate chips, pretzels, or marshmallows. Have enough to overflow the bowl)
- Small bowl

KNOW:
Keep the bag close to you and reach inside and give each family member one piece of food.

SAY:
Giving (or sharing) can be hard. We often want to keep what we have to ourselves. This is not generous giving because we get a lot while everyone else gets a little bit.

KNOW:
Pour the bag into an small bowl until the bowl overflows.

SAY:
This overflowing pile of food represents how generous God is to us. He gives us much more than we deserve and much more than we realize! When we remember and see how much God blesses us, we can respond to God’s goodness by passing on blessings to others. That's sharing the love of Jesus.