

Identity



13 YEAR

"THEREFORE, IF ANYONE IS IN CHRIST, THE NEW CREATION HAS COME:
THE OLD HAS GONE, THE NEW IS HERE!"
- 2 CORINTHIANS 5:17

fruit

Appreciating and supporting the uniqueness of our children, without judgment or criticism, guiding them to claim exactly who God created them to be.

IDENTITY /ī-dēn'tī-tē/

The confidence of knowing oneself and embracing the unique identifying characteristics held by no other person or thing.

seeds of identity

SPIRITUAL: I AM WHO GOD SAYS I AM

EMOTIONAL: I AM LEARNING TO APPRECIATE MYSELF

RELATIONAL: SUPPORT ME

cultivation

- ✓ For one year (on the first of each month) record a note in your Growfamily Journal a trait or gift that makes your child exceptional; give concrete examples for each; share all 12 at the end of the year or on his or her birthday.
- ✓ Maintain open & honest dialogue with your teen; practice listening & wondering more than advice-giving.
- ✓ Establish monthly movie nights, focusing on films that generate dialogue about personal struggles/decisions, family dynamics, forgiveness & grace; save ticket stubs in your Growfamily Journal.
- ✓ Establish relationships with families of your child's close friends; take adventures together & put a few photos in your Growfamily Journal.
- ✓ Encourage your child to write a personal letter to him or herself, sharing thoughts on life & faith & the future; seal it (unread) for your Growfamily Journal.